



# October 13, 2024

## Sunday Activities

TIME	ACTIVITY
2:00 PM - 2:10 PM	Welcome – Denise Hunt and Erica Baer-Woods
2:10 PM - 3:00 PM	“Using Books to Teach Kids About Themselves & Teach You About Them” – Dr. Lin Lim-Goh
3:10 PM - 4:00 PM	“The Complexity of Navigating Multiple Worlds: Understanding Intersectionality and Giftedness” – Dr. Joy Lawson Davis
4:10 PM - 5:00 PM	“Hidden in Plain Sight” – Dr. Patty Gatto-Walden
5:10 PM – 6:00 PM	Q&A – Dr. Susan Rakow and Dr. Richard Cash

### **Family and Community Sessions**

#### “Using Books to Teach Kids About Themselves & Teach You About Them” – Dr. Lin Lim-Goh

You can connect with your gifted child in a meaningful way while tackling some of the most difficult quandaries of parenting THROUGH BOOKS! This session will help you explore the impact that reading to your child can have on their development while addressing concerns you have about your gifted child. Dr. Lin Lim, an expert in the fields of gifted and twice exceptionality, will share science-backed methods and examples of children’s books which help parents address topics with their children like worry, perfectionism, and managing “big feelings,” as well as helping them develop empathy, self-regulation, and self-acceptance. She will share parental stories and what worked for them and their families, using a strengths-based approach to bring out the very best in their children – and yours!

#### “The Complexity of Navigating Multiple Worlds: Understanding Intersectionality and Giftedness” – Dr. Joy Lawson Davis

During the middle school years, gifted youth are formulating their identity and asking the question “Who am I?” Their daily experiences will impact and help them answer that question. To best support gifted middle schoolers, it is important for parents and caregivers to fully understand and embrace the challenges of developing a social identity that enables and empowers gifted youth to grow into the best version of themselves as they become increasingly independent and self-actualized gifted teens. During this session, the presenter will share middle school student vignettes and describe how understanding intersectionality can enhance our understanding of identity development.

#### “Hidden in Plain Sight” – Dr. Patty Gatto-Walden

Gifted research and clinical experience confirm many of America’s gifted youth/young adults feel sad, lack self-worth, have excessive angst, and say they are “never good enough.” Their self-image and self-respect are based largely on external accomplishments, grades, college acceptance and social media popularity. Are we unintentionally adding stress to gifted youth by expecting them to “live up to their potential” leaving little time for relaxation, leisure pursuits, and ample sleep? In this session, we will explore ways adults can support gifted youth/young adults to embrace who they are not just what they can do to effectively contend with academic and life stress and build confidence and esteem.

#### Q&A Session for Parents and Families of Gifted Children – Dr. Susan Rakow and Dr. Richard Cash

Bring your questions to this panel representing multiple perspectives! These experts will be available to field questions and share helpful tips concerning social-emotional, academic, and pedagogical considerations that occur within and outside of the school day.

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